

Neil Fachie MBE

Athlete | Coach | Speaker



“It is those who are willing to face the challenges which stand before them, who will leave a legacy behind.”

Career Highlights

12 x World Champion
4 x Commonwealth Champion
1 x Paralympic Champion
Double World Record Holder

Background

Growing up with a degenerative eye condition meant cycling wasn't the most obvious career path. I have been a professional athlete for over a decade now, during which time I have represented my country at multiple World, Paralympic and Commonwealth Games. I have won 22 medals at major championships, 17 of which are gold. Planning, working towards and ultimately achieving success has been my life.

The Performance Plateau

A constant frustration of mine is seeing people, both in the sporting and business world, who have plenty of talent, but who let it go to waste. Often this happens because of a lack of drive or direction. These people may still reach a relatively high level, but will find that their performance stagnates over time. Without continual progress, one of two things will happen. They will either become disillusioned and make the assumption that this is just their level, or decide to take a completely different direction in life.

LNF Coaching

LNF Coaching was created in 2017 by myself and fellow Paralympic and World Champion (and wife) Lora Fachie MBE. Our belief is that there is tremendous possibilities when the worlds of sport and business combine. Our aim is to use the insights and lessons learned from the world of elite sport, and use them to help our clients achieve their full potential. We will help business leaders face their limitations, frustrations, pain and setbacks, and rise above them to achieve a personal best or world record of their own.

For more information: enquiries@lnfcoaching.co.uk | www.lnfcoaching.co.uk